

Frequently Asked Questions

Sharry Edwards'

Institute of BioAcoustic Biology & Sound Health

Training Options

What can I learn from taking courses from the Institute of BioAcoustic Biology?

What you learn depends on the course you choose and your level of interest. Class options are constantly being upgraded. Listed below are our most popular classes with descriptions so that you can decide which level is right for you. Some are free; some are offered at a professional level in support of helping you bring Vocal Profiling to your community.

FREE CLASSES

nanoVOICE™

nanoVOICE™ is offered as FREEWARE to demonstrate that your voice has the ability to reveal information about you. It was designed to offer you the personal experience of Vocal Profiling. Each Vocal Profile is topic specific. The program can be used to help move you in an optimal direction for harmony and grace by helping you make decisions using your personal information produced by your own vocal codes. This program requires a microphone. Most any kind, including the one integrated into your computer, will do. A free class is offered to show you how to use the program for maximum results. You can download your free version of nanoVoice, charts and user manual from www.nanoVoice.org



Demo Classes

offered live, recorded, on-line or on site

These open to the public, one-hour demonstration classes are offered onsite or online. This "whirlwind tour" of BioAcoustics Basics includes time and frequency domain vocal analysis. It is common for articles and rewards to be shared during these presentations. The hands-on demonstration was designed to show the potential of using your vocal frequencies to monitor optimal form and function. You can watch as we use Vocal Profiling software to show how easy and quick it is to command one of several BioAcoustic software programs that were designed to help you create automated computerized reports at the touch of a few buttons. Contact: class@vocalprofiling.com to sign up and see if Vocal Profiling holds any mystery, magic or interest for you.

Happy Hour Knowing your secret self can be fun and informative.



Happy Hour

Get your free vocal print, live! Click for date/time of our next online meeting.

WATCH us complete your Vocal Profile FROM YOUR OWN COMPUTER - Learn what your voice reveals about you! Be our guest for a complimentary Vocal Profile. We love helping you unveil your inner being.

Go to SoundHealthOptions.com and click on Happy Hour icon to get your invitation. Space is limited!

PLEASE NOTE: Happy Hour is not appropriate for serious issues, demanding clients or people with egos that demand the majority of available time and attention. Happy Hour is designed for learning the tenets of Vocal Profiling, introducing people to the value of Human BioAcoustics, plus it provides a nice place to meet and chat with like-minded people.

We expect people to be polite, tolerant, sharing and giving. Not everyone can benefit from every form of alternative intervention but we do know that **THERE ARE ENOUGH SICK PEOPLE TO GO AROUND.**



Subscription: \$95 Membership, \$40 monthly

We want to help create a future full of SELF HEALTH. Each month we discuss another software program that will help you bring Human BioAcoustics to your community. Start a business, help counter the lack of basic health care that ObamaScare threatens.

[Sign up for your membership](#) and remember "You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete". ...Buckminster Fuller. The initial Guardian membership is \$95(includes first month's dues); monthly dues are \$40. We provide at least one software each month (for your personal use) plus a two hour class. We also provide marketing support.

A support forum provides information to help you understand more about Vocal Profiling and BioAcoustic Biology. Address to join: health.groups.yahoo.com/group/GuardianForum. Our future depends on it!

Carol has volunteered her time to provide this for you. If you are not yet a Guardian member, this site will show you that you need to be. We have over 50 software programs that we intend to share with our members.

For a list of available software ---[click here](#)

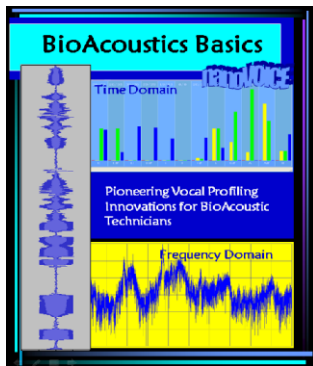
NOTICE: We need instructors and team leaders to create this reality. Please read the files that have been posted; particularly the BioAcoustic Profile of Dr. John Apsley who is attempting to warn us about our exposure to Radiation. You will see how urgent it is that we initiate a response and create solutions for we, the people.

Dr. John Apsley stated that ***“Sharry Edwards’ work with Human BioAcoustic Vocal Profiling defines and demonstrates the unifying field theory that defied Einstein.”***

📖 What does each course include?

Entry Level BioAcoustic Professional - BioAcoustic Basics

•**Vocal Profiling Public Course** This course was developed as a prerequisite to the week-long **Professional Seminar Course** – It is designed to acquaint the student with the introduction and background of Human BioAcoustics. Through individualized self-instruction and step-by-step guidelines, the information will prepare the student to perform computerized vocal assessments and report construction.



The course includes one computer program to translate vocal data to numeric data; (Abacus), one of seven Vocal Profiling Series computer programs used to interpret the data; a specialized microphone; an instruction booklet for the Vocal Profiling computer program of your choice; a reference manual by Balsch and Balsch; a Good Vibrations DVD; introductory PowerPoint presentation and one PowerPoint with installation instructions and pulling points assistance. This course is actually part of the Professional Seminar and is taught during the Monday of the course. With purchase of the Vocal Profiling kit, the student can attend the Monday of an upcoming Focus Class within 90 days. The \$940 paid for this course can be taken as a discount from the full price of the Professional Seminar if taken within 90 days.

Students learn to identify and analyze stressed vocal frequencies and patterns in preparation for creating 5-10 page reports that include the Frequency Equivalent™ of vitamins, minerals, hormones, amino acids, enzymes, fatty acids and biochemicals.

Participants can select from seven software programs that can be included with your initial kit: Muscle Management (for trainers and exercise); Nutritional Consultant (evaluates frequency equivalents of vitamins and nutrients), Golf Swing, PreVac (pre-screening for potential vaccination risks), BioDiet, Toxins or Pathogens

This course is offered onsite in Ohio or online depending on your connection speed. We ask that you provide us with the data you collect. People usually charge up to \$55.00 per report if they decide to do a Vocal Profile™ for others. After you become proficient, you can usually do a report in about half-an-hour. No sound presentation is included as part of this instruction.

The computerized printouts can provide management reports showing weak and strong muscles (to plan exercise or physical fitness programs); nutrients (to plan your vitamin regime or check nutrition status); metabolism (for weight management); potential pre-screening for vaccination risk factors, pathogen and toxin screening. Equivalents™

•**BioAcoustic Professional Seminar:** “Intense” is an often-used word to describe the 5-day Professional Seminar. Lecture and practical experience takes the student from initial Vocal Assessment to Evaluation through Sound Presentation. Step by step instructions for each level, along with the computerization of the materials, makes the days go by much too quickly. It is unlikely that the student will glean every bit of information from the 3-inch thick text without some evening and home study.

Don't expect to be able to walk out operating at the highest level of expertise. Skill and proficiency comes with practice and dedication.

The Professional Seminar course was designed for individuals who want to train to become an advanced BioAcoustic Provider in support of health and wellness. The participants learn to use computerized frequency formulations and sound presentation techniques to help the body support its own normal form and function.

Class fees include BioAcoustic Biology text plus workbook; computer software, reference texts, videos, plus miscellaneous instructional supplies. Videos: Energy Medicine, Breaking the Sound Barriers of Disease and Miracles of non-Medicine. Supplementary publication: Sound Secrets: Ultimate Healing by Jill Matteson is also included. Class materials need to be received at least two weeks before class.

The Professional Seminar INCLUDES instruction in Sound Evaluation, Formulation, and Presentation. The computer programs included in this course are designed to do the work for you so that figuring out the appropriate sound formulations becomes more efficient.

Emphasis will be on using the computer programs and data interpretation for relationships to structural or biochemical stress. This course was specifically designed to assist BioAcoustic Research Associates in following established protocols for data collection.

Participants must have the use of a PC to receive the full impact of the material. This course is designed to provide pre-management diagnostic reports. Personal information and personal sound presentation is secondary in this class. This course is rigorous and should only be undertaken by those health/wellness professionals who have established clinical skills or those persons intending to be a caretaker.

A one-hour pre-class is strongly recommended. This class can be taken more than once and refreshed every 3 years.*

*some conditions apply

•**BioAcoustic FOCUS Lab** – Designed as a practicum to provide experiential opportunities to apply and observe BioAcoustic Vocal Profiling in a laboratory setting.

Labs are offered at different levels for Basic and Advanced students. The Lab Course was designed to prepare the student to accurately assess a vocal chart and the client's reactions to low frequency sound; to then use the assessment to develop an individualized sound presentation strategy for each client. Analytical observation and computer skills will be exercised to assess 3 to 6 clients.

Specifically designed sound rooms, equipment and techniques are used to give the student a hands-on format that will provide the skill and expertise to develop Vocal Profiling Skills.

Designed to provide the student with a research basis for becoming a BioAcoustic Research Associate, this course includes a lab handbook, case study review and instructional videos as part of the instruction package.

What equipment do I need to take the Professional Seminar?

It is recommended that you bring a computer to the Professional Seminar. We will then be able to load the required computer programs on your computer during class enabling you to have hands-on training with your own equipment. Although not advised, if you bring a computer to class that you do not plan to use the programs on after class, you must let the instructor know. The programs must be removed by the instructor from your system before you leave class. After returning home, the software can be installed on the system you plan to use and then registered by calling the Sound Health office during normal business hours. In the Albany, OH office there are printers available for participants.

To actually work with clients you will need a computer and printer, a specialized microphone (included) and space to work. Just taking vocal prints and printing reports requires nothing else.

For sound presentation, you can work with a speaker or with headphones. If you are going to conduct tone trials, you will need biofeedback equipment (we use the NONIN pulse oximeter). Also useful in tone trials is a SMAD™ (Self-Management Auditory Device) which makes the tone trials more efficient and certainly less time consuming; however trials can be done with only a tonebox. The computer software to program toneboxes comes as part of your course. Students generally purchase additional toneboxes to use with clients.

What if I cannot afford the biofeedback equipment?

You can offer sound presentation without biofeedback equipment, but the process may take longer. Also, if you cannot afford to buy the equipment, most local medical supply stores will rent pulse oximeters, temperature gauges and other feedback equipment. SMADs are only available for purchase through Sound Health.

Do I have to have a special room to work in?

It is recommended that you have a SOUND DEAD room for you and a SOUND ACTIVE room for clients. Headphones used with a SMAD are also acceptable. The Sound room is needed to protect you. It is not mandatory that you have a sound room.

Is a computer required for all of the courses?

The Professional Seminar requires a PC, (Sound Health cannot provide support for MAC systems – although many trained BioAcoustic Professionals use Macs – they are usually available to help you get started). Initial software programs are provided as part of your course fees. This course will prepare you to complete BioAcoustic assessment for research purposes as you master the computer programs and sound presentation techniques.

What kind of computer is used?

At present, PC's are used. Computer specs are constantly changing. A listing of current specs can be provided but if you have purchase a computer within the last few years you should be fine. You will need a number crunching program; (like Excel) for instance and Power Point Contact Sound Health at (740) 698-9119 for a complete list of computer specifications.

Do I have to take all of the courses?

No. It is perfectly acceptable to stop at any level. Even the free software allows you to begin to consult with client.

How long will it take me to take all of the courses? Do I have to attend every day?

The BioAcoustic Basic Course is self-instructed but can usually be mastered in an afternoon. We have set up classes for this if you think you want actual classroom instruction, but for most people it is not necessary.

The Professional Seminar is five days. The last half of the last day of class is considered practice and review time. Although attendance on the last day is highly recommended, it is not required.

The Lab can be arranged to fit your busy schedule. Some people take it a day at a time; others come in and stay a month or more.

Do I have to take all of the courses consecutively?

No. It is not even advisable. Take one course, get comfortable with the material and then go on. The Professional Seminar can be taken without taking any of the other courses.

How long should I wait between courses?

This varies with the amount of time you have to spend studying and practicing. Some people have been able to walk out of the course and be practicing the next day, but this is rare.

If you can devote full-time; you can be submitting quality case studies within a week; particularly if you already have an on-going practice; part-time obviously takes longer. Hint: When you take the course, start practicing immediately. The longer you let case study requirements wait, the longer it will take you to get back to it. There is a support group that you can rely on for help and inspiration.

Can I take any of the courses independently?

Yes, the BioAcoustic Basics Course has been set up for independent self-instruction.

How long will it take for me to use the materials in the Professional Seminar?

You will be using the materials as part of class. Individuals progress at varying rates. However, at least 15, but probably not more than 30, hours of study is the norm before one can feel comfortable enough to advance. There are also review classes that are tremendously helpful.

Once I become a practitioner, are there additional levels of expertise?

Yes. After taking all of the courses, BioAcoustic Providers/Associates who have been in practice for a while usually choose to become a Clinician in a wellness center, a full time Researcher, or an Instructor.

Clinicians work independently sending log sheets of their case studies back to the home office in order that they can be shared with other practitioners.

Researchers usually spend an internship at the home office working on a specialized project. They can, of course, work independently. Guidelines for projects are provided. Instructors are asked to begin their training only after they have sufficient experience to handle a variety of situations that may come up in class.

Will I be paid to be a Researcher?

We can give you some assistance in writing grants in which you can include a salary for yourself, but we do not have the funds at this point to pay Researchers.

How much money will I make for doing assessments?

If you decide to charge for your services, the actual amount is up to you.

Graduates from the Professional Seminar usually charge \$40-\$400 per assessment plus extra for the time spent doing sound presentation. Physicians usually charge more than nurse practitioners for instance.

If you see two clients a day, all expenses can be recovered in fifty to ninety days. Please remember that the fees are for all of the training. Review courses, and Sunday classes; marketing support plus the forums are all free. A membership in the Guardian Network is also open to current BioAcoustic Providers.

If Research Associates decided to charge for BioAcoustic evaluations, an hourly rate of \$65 per hour would usually demand extensive training and/or college education. It is rare that you could earn this amount of money with less than a month of training. Research Associates are free to practice after taking only the BioAcoustic Basics Course training.

Wage Earning Comparison Chart		
Salary	Occupation	College
\$65.00	Engineer	4 years +
\$65.00	Computer Tech	4 years + extensive knowledge experience
\$65.00	College Instructor	Masters +
\$65.00	Sound Technician	15 days + equipment set up

Wage Earning Comparison Chart - Salary Range Occupation Educational Requirements



Is it acceptable if I charge less or more than others charge for the entire session?

BioAcoustic Providers are free to set their own fees, even to not charge at all. Sometimes, to ensure that a client will return for reassessment, a practitioner will charge a particular price up-front that includes two or three sessions later on.



Can I charge more if I take the advanced course?

You can charge more at the Professional Seminar Level when you have gained enough experience and expertise to warrant the increase. Most BioAcoustic Providers charge around \$85 per hour; some charge more, some less. Charges reported to us have been from \$2 up to \$2500 per session.



Will you give me referrals?

If you are any good at what you do, yes. If you continue to send in case studies, yes. If you have a good reputation with clients, yes. If you have completed your class requirements, yes. If you have not done case studies, do not contribute to the database, or if you have a questionable reputation with clients, NO. BioAcoustic Associates are required to update one out of every three year at the annual conference. This is part of the annual fees for updates that is charged each year.



How do I get referrals from you?

You must satisfactorily complete all class requirements, be of good reputation and intent, and have a satisfactory sound set-up. Complete guidelines are in the textbook.



How do I acquire clients?

We will help as much as possible (at our discretion), such as appearing on local radio shows naming you as the local contact or place your name on our website. You can also do a great deal to gain your own clients by showing the videos about this technique or talking to people in groups, at expos or individually. Word of mouth works best. Many good BioAcoustic Providers are booked ahead for months. If you have a solid reputation, the clients will be there.



Is there a waiting list for class?

Since we have classes every month there usually is not a waiting list. If there is a wait we can usually accommodate you within a month. The Professional Seminar is offered monthly and the BioAcoustic Basics Course can be done anytime.

📖 Can I get credit or Continuing Education Units (CEU's) for taking Sound Health courses?

Contact our Class/Conference Coordinator at the Ohio office for further information at (740) 698-9119 or e-mail us at class@vocalprofiling.com

📖 Is this procedure approved by the FDA or AMA?

No, neither the FDA nor the AMA considers BioAcoustic Vocal Profiling to be a medical technique. Sound Health is primarily a data-gathering/research facility. The fact that you will be seeing clients is secondary to the research. Sound Presentation is a form of Biofeedback.

📖 I don't have much money; do you have a payment plan?

Unfortunately, no. We have no payment plan but we do take most credit cards, bank transfers and Pay Pal. Many potential students have come up with ingenious ideas to help pay for classes.

- Sponsor a lecture or class and pay for your own fees with what you earn.
- Approach several persons who you think would benefit from your services and ask them to pay you in advance so you can take the class.
- Find a local agency that would benefit from your services and ask them to sponsor you.
- Many times your local employment agencies have training programs that will help you pay for retraining.
- Check with your local alternative health practitioners or agencies. Some
- Agencies might be willing to sponsor you in return for your working in their office.
- We are working on other options. If you come up with a clever idea, please share.

📖 How will I keep up with new advancements?

There is a forum for BioAcoustic Associates that attempts to keep you informed. You will be invited to join after you have completed your course and case studies. The forum is designed to keep researchers in touch with other practitioners and their developments. Your \$300 yearly fee makes you eligible to receive new information from the previous year.

📖 I am math phobic. What kind of math is involved?

High school level math; square roots, percentages, ratios plus simple arithmetic. Calculators are provided. There is a math review for those who need it.

📖 Are there any discounts for paying for class early?

Periodically we run specials to encourage enrollment. There is sometimes a two-for-one option open to partners who work together. Any discount whether it be a gift certificate, monthly special or other CANNOT be combined with any other offer. Just ask to see what going on that month.

📖 Can my spouse and I go for the same price?

If you mean can you both attend with only one of you paying, the answer is NO. Applications and enrollment are made on an individual basis only and family discounts are not currently available. If both of you will be using the same computer programs and would only need one set of software and texts, the first person would pay full price for the Professional Seminar and the spouse would pay half price.

📖 Can my spouse come and just sit in?

No one is allowed in class that is not a registered student for the class.

📖 If two or more people come together and take the course would they receive a discount?

No, not usually. But if they take the course at the same time; are working within the same facility using the same computer with the intention to use that computer for Sound Health programs, then the first person would pay the full price and the second person would pay \$2200. For the third and fourth students coming with the group, the price will be \$2000 per person. For groups of five or more, special rates may be available. However, only one copy of the computer programs would be provided.

📖 Can I video or audiotape the class so I don't have to take notes?

Due to the nature of the intellectual property, no audio or video taping is allowed. Most of the information is contained in your textbook.

📖 Are there people who should not take this course?

Persons who are ill should not attempt this class. The hours are long and the material voluminous.

Don't plan on getting much rest.

📖 If I sign up and find that I cannot make it to class what happens?

Full refunds are issued to the original payee if Sound Health is notified, in writing, more than 60 days prior to the class. If we are notified 15-60 days prior, you will receive 50% refund. Within 14 days of the class there is no refund. You can, however, transfer your to another class date. We had to make these rules because we contract with trainers and must pay them whether you show up or not. Once you have received your materials (texts, computer programs) there are no refunds. If we cancel a class, a full refund will be issued, unless you have received your class materials, in which case you can reschedule for any future class. Deposits are subject to the same policy.

📖 What are some of the reasons that people do not finish and become practitioners?

These are some of the reasons that have been reported to us:

- They thought we knew everything. We are still in the experimental stages.
- They found out that it was not easy to deal with other people's complaints all day.
- No capacity for observation of others.
- Inability to adapt to or perceive the needs of others.
- They refused to believe that a full time practice requires that the practitioner not be exposed to the sounds unnecessarily.
- They were unable or reluctant to follow the legal and moral guidelines set forth by Sound Health.
- They were overly sensitive to the sounds.
- They moved ahead too quickly and burnt out. All these obstacles have been overcome by other BioAcoustic Associates. It is all in what you really want to do!

📖 Are there study groups that I can join before I take the PROFESSIONAL SEMINAR?

Yes, there is a Guardian Network and Forum that you can join. This allows you to ask questions of those who are working on your same level. You can also send any questions to: class@vocalprofiling.com

📖 How can I prepare to come to this class?

Read anything you can find about Vocal Profiling and Human BioAcoustics including our Journal (JBAB.org) or articles on our main site: SoundHealthOptions.com. Get plenty of rest and bring an extra suitcase to take home all of the textbooks and goodies that you get in class. If you have any special food requirements, bring your food with you. We have a complete kitchen available to students.

Can I get my textbooks early?

The BioAcoustic Basics course is the pre-text books for the Professional Seminar. There are absolutely no refunds after you have received your textbooks. For more information contact our office at (740) 698-9119 or e-mail us at class@VocalProfiling.com

Where are these classes held?

Most classes are held in Ohio on online. Group leaders are being developed so you can expect more local classes. Students miss a great deal when we teach on the road. We are very particular about the classes and what is being presented. Too much of the information must be left out when the classes are not held at our facility.

What if I don't have an entire week to spend in Ohio?

Start with the BioAcoustic Basics or Guardian Network, which have been designed for beginners. Some people have been able to take the course a few days at a time as their busy schedule permits. If you can't come to us, there may be instructors who are willing to come to you. OR just make arrangements to take your class online.

Should I make my travel plans early?

Because some classes don't "fill" before cancellation deadlines, you should check with our offices before buying a plane ticket or making hotel reservations. If we have to reschedule the class, you will get a full class refund unless you have received your class materials, in which case you can reschedule for any future class.

What if I cannot afford to stay in a hotel during class?

We encourage you to network with other participants to share lodging or find a room at reduced cost. Contact our office for an up-to-date listing of local hotels.

Who teaches these classes?

Sharry and/or a trained Instructor teach most of the classes with help from interns and in-training students.

Are there tutors that can help me learn more efficiently?

Yes we have a listing of tutors who are most willing to help and the forums can always be used to ask a question, 24 hours a day.

Is there anything that I should bring with me?

We encourage you to dress in comfortable clothes and bring whatever snacks you prefer. Morning and afternoon beverages & snacks are provided. Keep in mind our area is limited in its health food store and restaurant options. Bring any special food that you require. We do provide a small refrigerator in the classroom.

How can I sponsor a program in my area?

Call our Conference Coordinator. We have a sponsorship booklet available to help answer all of your questions.

Are there any guarantees that I will be able to do this after class?

No. It depends on your aptitude and commitment. The most common trait needed is the ability to look for similarities within a set of information.

Can I repeat the class?

Yes, please contact Sound Health for prices and reservations.

Are there special class rules?

No Recording. Do not bug anyone. Do not wear perfume. Bring food! Be comfortable! Designated smoking area is outside.

I have heard that I have to sign a class agreement. Is this true?

We require that **each** student sign a class agreement and application prior to class so that the intellectual property rights can be protected and so that we are protected. If you go out and do something contrary to what you are taught, we cannot be held responsible. Copies of the agreement will be supplied if you are seriously considering joining us for class. During class and in your text, legal issues are discussed. We have an attorney who works with BioAcoustic Providers: Ralph Fucetola, www.vitaminlawyer.com

I am not sure that this technique really works. Will Sharry do my sound before class?

We have a contact sheet that will provide names of local practitioners that used this technique. You are free to call them about their experiences.

Sharry does not do students sound evaluations during class but often an intern is available that can do your sounds. Charges may vary. Be prepared to move through emotional and social change(s) if you have your sounds done.

Student wave files are often used in class to complete exercises or teach a part of the materials.

What kind of changes can I expect?

- **You** will begin to Face your own "stuff".
- **Relationships** will become one of "mutual benefit", not of need.
- **Everything** in your life will accelerate.
- **More** people will need you than you will have time to see.
- **You** will need to learn to say "NO" and establish boundaries.
- **You** may want to exchange the people around you.

If I am ill, can I receive healing sound during the class session?

The purpose of the class is to teach Signature Sound Techniques and Technology. Private appointments can be made if you are ill, but time cannot be taken in class to address personal health issues.

How soon before a class do I need to sign up?

Classes are generally filled to capacity at least a month in advance. Winter classes are an exception to this. We like to keep class size to 10-12 students. Applications are accepted up to two weeks before class, but are charged a late fee of \$150. Fees must be paid 30 days prior to class.

What do I get for my class fees?

Depending on the class you choose, you will receive some or all of the following: 5 days of instruction depending on the class – profiles – Journals – textbooks – workbook - publications – promo videos - microphone - computer programs - an invitation to the forum for updates (if you qualify) – marketing and promo materials - permission and instruction to use the techniques and technology for educational or research purposes – a certificate of completion after you turn in your case studies – eligibility for referrals, joint marketing, annual conference – listing on our web site map and access to the Practitioner Liaison for questions and support.

Are there any class discounts?

Yes, we sometimes offer incentives when we have new information that we want to get to the public quickly. Periodically, Gift Certificates are included in one out of ten information packs.

How do I sign up?

Call the office (740-698-9119) or send us a fax (740-698-6116) to receive a class application or use the one provided at our website. [Click Here](#) to go to Training Options

Or we fax information and applications. Our office is open Monday through Friday from 9am to 5pm EST. USA

Additional information: www.GuardiansOfThePeople.com; www.nanoVoice.org; or www.jbab.org or you can join us Sundays at noon EST for SoundHealthOptions on BlogTalk Radio. We also have a Monday show (every third Monday) on HealthyLife Radio at noon EST.

For questions about accommodations, class schedules, or appearance schedules contact our office. 740-698-9119 – 5151 Alton Street, Albany, Ohio 45710 USA.